

UP YOUR ALLEY:

- Do you like to bowl?
- Do you have an interest in working in a bowling alley?
- Do you enjoy working with people from the community?



Then UP YOUR ALLEY may be the right STEP program for you. In this program, you will learn the ins and outs of working in a bowling alley from passing out shoes to taking food orders and money, and much more. It's not all work though, we need some playtime as well. Receive bowling lessons from an experienced bowler and visit other bowling alleys in the area. If a career in the bowling field is what you're interested in, then UP YOUR ALLEY is the right STEP program for you.

WAG 'n' AND WALK 'n':

- Do you like working with animals? Then join our dog walking/pet sitting program. This program will include:
 - Recruiting clients
 - Engaging in pet sitting
 - Dog walking services
- It will also explore jobs in the animal field and some volunteer opportunities with the Humane Society.



VIBRANT VOLUNTEERS:

- Do you like to help others and be a part of the community?
 - Do you want to make a difference
 - Do you want to make community connections with others in your area?
- Then VIBRANT VOLUNTEERS is the STEP program you should join. VIBRANT VOLUNTEERS is a program that focuses on helping people as well as the community and environment. From picking up trash at the New London Reservoir to volunteering to help others in need, this program helps teach valuable employment skills while at the same time giving back to your community.



BUILD YOUR OWN PROGRAM:

These are just some of our ideas, but we want to know yours. Do you have a particular interest in something? Well, let us build a STEP program around it! Share your ideas with us.



For questions contact
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START TOWARD EMERGING POSSIBILITIES (S.T.E.P)

The STEP program is a non-facility based VOC-HAB service that can be provided virtually, in the individual's home, or in a community setting.

The service is not a full day service and the number of hours is determined by the needs of the client with a max group of 4 individuals.

This brochure will outline some of CLI's community integrated services we are prepared to offer as STEP programs.

FROM THE GROUND UP:

- Are you interested in many areas of agriculture?
- Where do we get our food?
- What jobs are in the agricultural field?
- How do things grow?
- What do we do with the many things that we grow?



This program will include growing foods, visiting farms, setting up a farmer's market to sell what you grew, and some volunteer opportunities with OHGO and the Teaching Garden. From food gardens to flowers, if planting, growing, and selling is what you are looking for, then FROM THE GROUND UP is the STEP program for you.

READY, SET, MOW:

Do you like working outside? READY, SET, MOW may be the STEPS program for you. If you are interested in jobs related to landscaping such as:



- mowing
- edging
- raking
- pulling weeds
- planting, etc.

Then join the READY SET MOW program and learn skills you can apply to future employment in the field of landscaping. Travel to different parks throughout Huron county and volunteer to take care of their landscaping needs. If private clients are obtained, donations may be taken and you could possibly be paid for your work!

FIT YOU:



Physical fitness is an important part of leading a healthy lifestyle. It increases stamina, improves your overall health, and just all around makes you feel better. Being physically active plays an important role in employment because when you feel good you are more likely to have a better attitude at work as well as a better attendance record from less sick days. FIT YOU is a STEPS program that explores all areas of physical fitness from:

- Walking
- Bike rides
- Swimming and more.

If getting fit and becoming active and healthier is what you are looking for, then FIT YOU is the STEP program you need.

GOOD WORKS CAFE:



- Are you interested in the restaurant business?
- Do you like helping people in need?
- Do you like to cook?
- Do you want to explore jobs in the foodservice field?

If you answered yes to any of these questions, then the GOOD WORKS CAFE is the STEP program for you. This program covers:

- Food safety
- Planning menus
- Grocery shopping
- Following a recipe, Cooking food and serving food to people in the community.

The GOOD WORKS CAFE is a great place to start building employment skills in the foodservice industry.

COLOR YOUR DREAMS:



- Are you creative?
- Do you like to paint, draw, work with clay?
- Are you interested in work in the art field?

COLOR YOUR DREAMS is a STEP program that focuses on art. Visit art museums, make your own creations, and explore jobs that have an art focus. If art and creativity are your things, then the COLOR YOUR DREAMS is the STEP program you should choose.

THE GOOD EGG:

- Are you a morning person?
- Do you enjoy a good cup of coffee?
- Do you like to bake and cook?
- Would you like to work in a coffee shop?



Well, if so, then THE GOOD EGG is the STEP program for you. This program, like the Good Works Cafe, will provide breakfast and coffee to individuals in the community. You will bake or cook breakfast foods and prepare coffee for your consumers. This program will focus on:

- Learning about food safety
- Serving customers
- Preparing food

THE GOOD EGG helps you build employment skills in the area of food service that you can carry on with you into community employment.



LIVING OUT LOUD

Do you want to build some independence? You want to learn to cook? We can do that! You want to sew? We can learn! How about

managing money? Let's practice! Grocery shopping! Personal Hygiene! Doing laundry! Cleaning! Baking! The list goes on and on! If you are interested in expanding your daily life skills check out the S.T.E.P. Living Out Loud service.

IT MAKES SENSE

Sight, Taste, Touch, Smell, and Hearing! Do you want to learn your senses? Together we will explore our senses and create a sensory box that is personalized to you! It will be filled with smells, different textures, fidgets, etc. We will visit places filled with sensory stimuli. Weighted pads, water, sensory bottles, and more!



"SCHOOL OF ROCK"

Are you ready to rock? Music is soothing to the soul. Here you can learn about the different styles of music, the types of instruments, and even create your own music! If music is your jam, then the "School of Rock" S.T.E.P service is for you.

BALANCE MIND AND BODY

It is important to balance your body and your mind! Do you have poor balance? Are you afraid you are going to fall? Are daily stressors affecting you? Come join the Balance, Mind, and Body S.T.E.P. group and work on your balance while working on your mind. Yoga, massage therapy, meditation, chair exercises, Adaptive Aquatics and more!



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The STEP program is a non-facility based therapeutic/ADS service that can be provided virtually, in the individual's home, or in a community setting.

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LET'S GET WILD

Do you like animals? Or being outside? If so, LET'S GET WILD is the STEP program made for you! You will get the opportunity to engage in therapeutic horseback riding, Learn about the animals right in your backyard, visit parks, go fishing, explore the animals at the zoo, and much more! Come get some fresh air and LET'S GET WILD!



COLOR YOUR DREAMS

Are you creative? Do you like to paint, draw, work with clay? COLOR YOUR DREAMS is a STEP program that focuses on art. Visit art museums, learn new art techniques, and make your own creations. If art and creativity are your things, then the COLOR YOUR DREAMS is the STEP program you should choose.



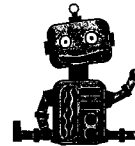
JUST KEEP SWIMMING

Do you like to swim, splash, and have fun? Well, if so, JUST KEEP SWIMMING is the STEP program for you! This program focuses on the therapeutic benefit of water. You will get to work on your swimming skills, try different adaptive swimming equipment in Adaptive Aquatics, and enjoy the water. If fun, water, and sun are your things, then you should choose the JUST KEEP SWIMMING program.



"BACK TO THE FUTURE"

The future is here and technology is taking over! It is time to learn how to use it. This S.T.E.P. program will teach the skills you need to take back the power from your technology devices! We will explore different technology devices, adaptive devices, and learn the skills needed to use them. Navigating the internet, video chat, typing skills, texting, emailing, and more!



CAN YOU SOLVE IT?

Let's be detectives! Problems come up in our life everyday, this group will give you the skills to resolve them. We will learn and practice problem-solving techniques in a fun and engaging way! Role playing, social skill activities, escape rooms, and more!



IN "GOOD" COMPANY

Do you want to stay connected with your friends and Community and have some fun? If so, Gatherings, Opportunities, Outings and Dreams is for YOU! This is an after hours and weekend program that helps you explore your interests, find them in your community and ask your friends to join you. This program will advertise a variety of opportunities available in your community that you can choose from AND will give you opportunities to Plan Your Own event too! Ready, Set, Fun!
If this sounds like fun choose In "GOOD" Company!

